

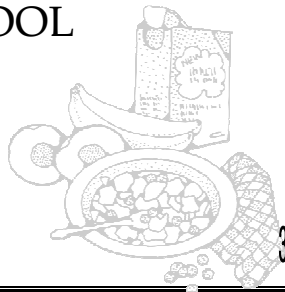
INTEGRATED DAY CHARTER SCHOOL

Breakfast Menu


~~*December 2017*~*~*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:
Please choose a minimum of
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted WG cereals, fruit and milk are offered daily as a second choice. One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily. A variety of Fresh and Cupped Fruit Available everyday. AND 1% Milk				
	Riverside Café Presents Lucky Plate Day  Check your plate or Grab and Go Tray for something special each week			1 Hot offering A Choice of: Egg Sandwich, Cheese Omelet, Pancakes, or Waffles Noon Dismissal
4 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	5 A choice of: Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	6 Warm Pastry Day	7 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	8 Hot offering A Choice of: Egg Sandwich, Cheese Omelet, Pancakes, or Waffles
11 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	12 A choice of: Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	13 Warm Pastry Day	14 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	15 Hot offering A Choice of: Egg Sandwich, Cheese Omelet, Pancakes, or Waffles
18 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	19 A choice of: Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	20 Warm Pastry Day	21 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	22 Hot offering A Choice of: Egg Sandwich, Cheese Omelet, Pancakes, or Waffles Noon Dismissal
25 No School Holiday Recess	26 No School Holiday Recess	27 No School Holiday Recess	28 No School Holiday Recess	29 No School Holiday Recess

Save the Date

December 1: Noon Dismissal: PD
 December 1: 6th Grade Artist in Residence Performance, 8:30 a.m.
 December 4: Boys BB Game, Sacred Heart, 4:00 jv/v
 December 6: Girls BB Game, Voluntown, 4:00 jv/v
 December 6: 2/3 Field Trip, Mashantucket Pequot Museum
 December 7: Boys BB Game, Voluntown, 4:00jv/v
 December 7: Artist in Residence
 December 8: All School, Pod A
 December 12: Girls BB Game, Sterling, 4:00 jv/v

December 14: Boys/Girls BB Game, Pawcatuck 4:00 v
 December 15: All School, Pod B
 December 18: Girls BB Game, Sacred Heart, 4:00 jv/v
 December 18: I.D.E.A Planning Meeting, 6:00 p.m.
 December 20: Board Meeting, 5:30 p.m.
 December 20: Girls BB Game, Sayles, 4:00 jv/v
 December 21: Boys BB Game, Sayles, 4:00 jv/v
 December 22: Noon Dismissal
 December 25 – 29: No School, Holiday Recess