

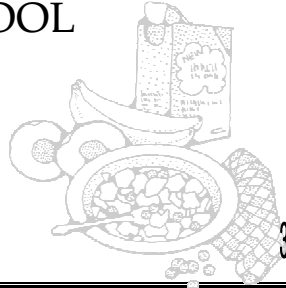
# INTEGRATED DAY CHARTER SCHOOL

## Breakfast Menu

\*~\*~\*February 2018\*~\*~\*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:  
Please choose a minimum of  
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Assorted WG cereals, fruit and milk are offered daily as a second choice.</b> <b>One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily.</b> <b>A variety of Fresh and Cupped Fruit Available everyday.</b> <b>AND 1% Milk</b>				
			<b>1</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>2</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Noon Dismissal</b>
<b>5</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>6</b> <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>7</b> <b>Warm Pastry Day</b>	<b>8</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>9</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
<b>12</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>13</b> <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>14</b> <b>Warm Pastry Day</b>	<b>15</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>16</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
<b>19</b> <b>No School</b> <b>President's Day</b>	<b>20</b> <b>No School</b> <b>Winter Break</b>	<b>21</b> <b>No School</b> <b>Winter Break</b>	<b>22</b> <b>No School</b> <b>Winter Break</b>	<b>23</b> <b>No School</b> <b>Winter Break</b>
<b>26</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>27</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>28</b> <b>Warm Pastry Day</b>		Riverside Café Presents Lucky Plate Day  Check your plate or Grab and Go Tray for something special each week

### Save the Date

- February 1: Boys and Girls V BB Game: Isaac
- February 2: Noon Dismissal, Teacher Professional Development
- February 7: Research Night, 5:30 p.m. – 7:00 p.m.
- February 8: Snow Date Research Night
- February 9: All School, Pod B
- February 13: Boys and Girls BB Game: Wheeler
- February 16: All School, Pod C
- February 19: No School, President's Day
- February 20-23: No School, Winter Recess
- February 26: I.D.E.A. Planning Meeting, 6:00