

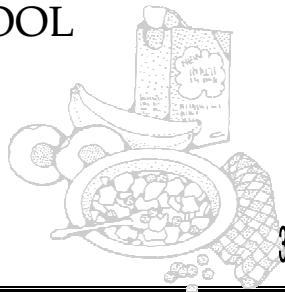
# INTEGRATED DAY CHARTER SCHOOL

## Breakfast Menu



\*~\*~\*June 2018\*~\*~\*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:  
Please choose a minimum of  
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Assorted WG cereals, fruit and milk are offered daily as a second choice.</b> <b>One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily.</b> <b>A variety of Fresh and Cupped Fruit Available everyday.</b> <b>AND 1% Milk</b>				
Riverside Café Presents <b>Lucky Plate Day</b>  Check your plate or Grab and Go Tray for something special each week				1 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Noon Dismissal</b>
4 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	5 <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	6 <b>Warm Pastry Day</b>	7 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	8 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
11 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	12 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	13 <b>Warm Pastry Day</b>	14 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	15 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Picnic</b> <b>Fort Shantok</b>
18 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	19 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	20 <b>Warm Pastry Day</b>	21 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	22 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Noon Dismissal</b> <b>Pizza Party</b>
25 <b>Have</b>	26 <b>A</b>	27 <b>Safe</b>	28 <b>Summer</b>	29 <b>Break</b>

Save the Date

June 1: Noon Dismissal, Teacher Prof. Development  
 June 7: K/1 Play  
 June 8: All School  
 June 8: 4/5 Field Trip, Sturbridge Village,  
 9:00 a.m. – 5:00 p.m.  
 June 11: 6<sup>th</sup> Field Trip, Science Center 8:45-2:15  
 June 13: 2/3 Field Trip: Capital Building, 10 – 2:15  
 June 13: K/1: Sally the Singer Visits

June 15: School Picnic, Fort Shantok 8:30 a.m. – 2:00  
 p.m.  
 June 18: I.D.E.A Planning Meeting, 6:00 p.m.  
 June 18: 7/8, 2/3 Field Trip: Rocky Neck, 9:30 – 2:30  
 June 20: Board meeting, 5:30 p.m.  
 June 21: 8<sup>TH</sup> Grade Graduation, 9:00 a.m.  
 June 22: Last Day of School