

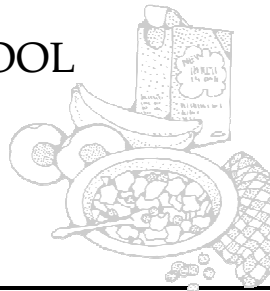
# INTEGRATED DAY CHARTER SCHOOL

## Breakfast Menu



\*~\*~\*March 2018\*~\*~\*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:  
Please choose a minimum of  
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted WG cereals, fruit and milk are offered daily as a second choice. One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily. A variety of Fresh and Cupped Fruit Available everyday. AND 1% Milk				
Riverside Café Presents Lucky Plate Day  Check your plate or Grab and Go Tray for something special each week			1 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or	2 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Noon Dismissal</b>
5 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	6 <b>Noon Dismissal</b> <b>Student Led Conferences</b>  <i>Free Breakfast</i> <i>Pre K – 3<sup>rd</sup> grade</i> <i>Egg and cheese</i> <i>Quesadilla + Juice</i>	7 <b>Noon Dismissal</b> <b>Student Led Conferences</b>  <i>Free Breakfast</i> <i>4<sup>th</sup> – 6<sup>th</sup> grade</i> <i>Green Eggs and Ham</i> <i>Wrap + Juice</i> <i>(also available without ham)</i>	8 <b>Noon Dismissal</b> <b>Student Led Conferences</b>  <i>Free Breakfast</i> <i>7<sup>th</sup> – 8<sup>th</sup> grade</i> <i>Breakfast Boat + Juice</i> <i>Hash browns</i> <i>Scramble and Cheese</i>	9  <b>No School</b>  <b>Teacher</b> <b>Professional</b> <b>Development</b>
12 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	13 <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	14 <b>Warm Pastry Day</b>	15 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	16 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
19 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	20 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	21 <b>Warm Pastry Day</b>	22 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	23 <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
26 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	27 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	28 <b>Warm Pastry Day</b>	29 <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	30  <b>No School</b>  <b>Good</b> <b>Friday</b>

### Save the Date

March 2: Noon Dismissal, Teacher Prof. Development  
 March 5: I.D.E.A. Book Fair, All Day  
 March 6: Book Fair, 5:00-7:00 p.m.  
 March 6 – 8: Noon Dismissal, Student Led Conferences  
 March 7: Book Fair, 5:00 – 7:00 p.m.  
 March 8: Book Fair, 12:00-3:00 p.m.  
 March 9: No School, Teacher Prof. Development

March 16: All School, Specials  
 March 21: Board Meeting, 5:30 p.m.  
 March 23: All School, Pod A  
 March 26: I.D.E.A. Planning Meeting  
 March 28: Open House for Prospective Parents  
 March 30: No School, Good Friday