

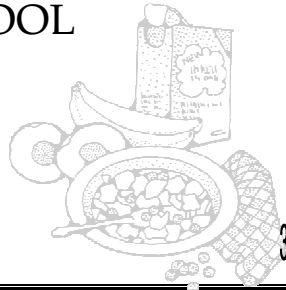
# INTEGRATED DAY CHARTER SCHOOL

## Breakfast Menu



\*~\*~\*May 2018\*~\*~\*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:  
Please choose a minimum of  
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Assorted WG cereals, fruit and milk are offered daily as a second choice.</b> <b>One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily.</b> <b>A variety of Fresh and Cupped Fruit Available everyday.</b> <b>AND 1% Milk</b>				
<b>Riverside Café Presents</b> <b>Lucky Plate Day</b>  Check your plate or Grab and Go Tray for something special each week	<b>1</b> <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>2</b> <b>Warm Pastry Day</b>	<b>3</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>4</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles <b>Noon Dismissal</b>
<b>7</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>8</b> <b>A choice of:</b> Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	<b>9</b> <b>Warm Pastry Day</b>	<b>10</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>11</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
<b>14</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>15</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>16</b> <b>Warm Pastry Day</b>	<b>17</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>18</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
<b>21</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>22</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>23</b> <b>Warm Pastry Day</b>	<b>24</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>25</b> <b>Hot offering</b> <b>A Choice of:</b> Egg Sandwich Cheese Omelet Pancakes, or Waffles
<b>28</b> <b>Memorial Day</b> <b>No School</b>	<b>29</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	<b>30</b> <b>Warm Pastry Day</b>	<b>31</b> <b>A choice of:</b> Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	

### Save the Date

May 1-2: PK Screening, 8:30-11:30  
 May 2: Track Meet, Preston  
 May 3: I.D.E.A (tba)  
 May 4: Noon Dismissal  
 May 8: Track Meet, Sacred Heart/St. Bernard  
 May 9: PK Screening

May 10: 7/8/ Field Trip, Newport, RI, 7:30 A.M.-7:30 P.M.  
 May 11: All School, Specials  
 May 14: Track Meet, St. Bernard  
 May 16: Board Meeting, 5:30 p.m.  
 May 17: 4/5 Artist in Residence  
 May 17: Track Meet, Sterling/Lisbon

May 18: All School, Pod A  
 May 21: I.D.E.A Planning Meeting, 6:00 p.m.  
 May 24: Spring Musical Concert  
 May 25: All School, Pod B  
 May 28: No School, Memorial Day