

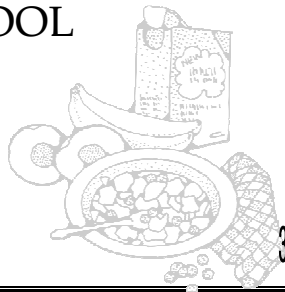
INTEGRATED DAY CHARTER SCHOOL

Breakfast Menu


~~*November 2017*~*~*

Student Breakfast \$1.45

Adult Breakfast \$2.00



For Breakfast:
Please choose a minimum of
3 full components of the 4 offered. One being fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted WG cereals, fruit and milk are offered daily as a second choice. One serving of fruit or vegetable or veggie fruit juice will accompany each breakfast served daily. A variety of Fresh and Cupped Fruit Available everyday. AND 1% Milk				
		1 Warm Pastry Day	2 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	3 Noon Dismissal Hot offering A Choice of: Egg Sandwich Cheese Omelet Pancakes, or Waffles
6 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	7 No School Teacher PD	8 Warm Pastry Day	9 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	10 No School Veteran's Day
13 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Graham	14 A choice of: Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	15 Warm Pastry Day	16 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	27 Hot offering A Choice of: Egg Sandwich Cheese Omelet Pancakes, or Waffles
20 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	21 A choice of: Yogurt with Grahams, 2 oz. WG Cereal, WG Bagel with C.Cheese, 2 Hard Boiled Eggs, or 1 Egg with Grahams	22 Warm Pastry Day Noon Dismissal	23 No School Thanksgiving Recess	24 No School Thanksgiving Recess
27 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	28 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C.Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	29 Warm Pastry Day	30 A choice of: Yogurt with Grahams 2 oz. WG Cereal WG Bagel with C. Cheese 2 Hard Boiled Eggs, or 1 Egg with Grahams	Riverside Café Presents Lucky Plate Day  Check your plate or Grab and Go Tray for something special each week

Save the Date

November 1: 4/5 Artist in Residence
 November 2: 8th Grade NFA Visit, 9:30 – 12:00
 November 2: Student Council Meeting, 8:30 a.m.
 November 2: 4/5 Artist in Residence
 November 3: 4/5 Artist in residence
 November 3: Noon Dismissal, PD
 November 6: Noon Dismissal, Student Led Conferences
 November 6: Report Cards
 November 7: No School, PD
 November 8: Noon Dismissal, Student Led Conferences
 November 8: Musical Masterworks, 11:00 – 11:45
 November 9: 4/5 Artist in Residence

November 9: Noon Dismissal, Student Led Conferences
 November 10: No School, Veteran's Day
 November 15: Board Meeting, 5:30 p.m.
 November 16: 4/5 Artist in Residence
 November 17: All School: Specials
 November 22: Noon Dismissal
 November 22: Bread Feast/Caring and Sharing
 November 23-24: No School, Thanksgiving Recess
 November 27: I.D.E.A Planning meeting. 6:00 p.m.
 November 30: Artist in Residence